

# Journey to Success

Developing a Personal Success Strategic Plan (PSSP)<sup>TM</sup>

Planning for success is much like planning a ROAD TRIP!

You need to know where you're going, why you're going, and how you'll get there. You'll also need to pack the necessary tools to ensure you're equipped for the ride and prepared for arrival.

*Participants explore the Six Steps to develop a Personal Success Strategic Plan (PSSP):*

1. Determine your **DESTINATION**.  
*Define what it means to be successful and understand why it's important to define it personally.*
2. Identify Your **PURPOSE**.  
*Learn to identify, support and empower who you are in order to chart the best route to success.*
3. Set Your **GOALS**.  
*Set goals to make the journey more meaningful and increase optimism, leading to greater fulfillment.*
4. Develop Your **STRATEGY**.  
*Create an appropriate plan of action to accomplish goals, fulfill your purpose, and reach success.*
5. Take **ACTION!**  
*Execute your plan using a positive attitude, self-motivation, and hard work to achieve success.*
6. Evaluate Your **PROGRESS**.  
*Incorporate "checkpoints" into the journey to monitor and track how close you are to your destination.*

Success is a major trip with scheduled stops and anticipated roadblocks and detours.

**Book it TODAY!**

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Participants will learn to

- understand where they want to go in life and why;
- create better goals and strategies to achieve them;
- use self motivation and hard work to keep moving; and
- make adjustments when things don't go as planned.

Program Formats

Plenary - This one hour interactive format, includes a 4-page full color worksheet to guide participants through a series of exercises and discussions.

Workshop - This half-day format is filled with small group discussions, exercises, self-assessments, and Q/A. This format also includes a 34-page full color workbook.

Applications

This program can be presented as a stand-alone presentation or integrated into other full programs.

- Freshman Orientations
- Student Life Events
- Career Development
- Student Retreats
- Leadership Conferences
- Workforce Training



Facilitator

**Adebayo "makemypact" Adegun**

is an IT Consultant, Licensed PSSP Facilitator, Visionary Thinker, Career Counsellor, Motivational Speaker, Experienced Trainer and Author. Adebayo is the Founder and President of CrossTie Solutions, an organization aimed at improving Productivity and Professionalism.

